

ABSTRACT OF THE DISCLOSURE

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A method for actuating an electromechanical wheel brake assembly or a mechanical system involving friction and having spring elasticity wherein, to increase a braking force once a quasi-static terminal state of the wheel brake assembly is reached, the wheel brake assembly is actuated for a brief period of time in the release direction and then retightened. The period of time of the actuation in the release direction is selected to be so brief that the braking force is reduced, if at all, only imperceptibly.